



The Face of Fitness
ZACK AND HOPE BELL
ORANGETHEORY FITNESS

The dynamic duo of husband and wife certified personal trainers, Zack and Hope, have over 25 years of fitness experience. Zack is the Regional Fitness Trainer and Hope coaches in South Tampa for Orangetheory. Zack and Hope met at a gym near Zack's university and it was love at first sweat! The Bells enjoy all things active, spending time with their growing family, and spreading their love for all things wellness.

Orangetheory's heart-rate based workout has been named the "best one hour workout" in the country by leading publications, and is one of the fastest growing fitness trends in the world.

21 Tampa Bay Area Locations.
Visit www.orangetheoryfitness.com.